



**Brief report on Counselling cum Awareness Session on Osteoporosis**

Title of Event	: <b>Counselling cum Awareness Session on Osteoporosis</b>
Date	: <b>20<sup>th</sup> October 2019</b>
Organized by	: <b>SVKM's Institute of Pharmacy, Dhule</b>
Theme	: <b>"Love your Bones!"</b>
Venue	: <b>Institute of Technology, Dhule.</b>
No. of Participants	: <b>12</b>
	No. of Beneficiaries: <b>16</b>

**Background:**

A campaign dedicated to raising global awareness of the prevention, diagnosis and treatment of osteoporosis, especially after the age of 50. The campaign also focuses on the role of healthy diet and exercise in bone health and the effect of fractures, especially spine fractures, on the life style and much more, as well as taking early preventive measures to enjoy a high quality of life. Osteoporosis is widespread problem worldwide, as one in three women and one in five men aged 50 years and over develop osteoporosis. Osteoporosis constitutes a heavy burden on individuals in the future, if not detected and treated early.

**Agenda:**

- Improve understanding of the link between osteoporosis and fractures, which can be a major cause of disability and premature death in older persons.
- Promote healthy nutrition and exercise as essential to bone health.
- Focus on raising awareness during childhood and adolescence when bones are developing.
- Advocate for preventive care worldwide.
- Enable healthcare professionals and authorities to bridge the gap between community and healthcare centers.

**Activities:**

Various activities are carried out like preparation of poster on causes, theme and treatment awareness information and addressed to the teaching staff of Shri Vile Parle Kelavani Mandal's Institute of Technology, Dhule.



Shri Vile Parle Kelavani Mandal's  
**INSTITUTE OF PHARMACY, DHULE**  
Behind Gurudwara, Mumbai-Agra Highway, Dhule (MS)

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**Event Photograph:**



*Shrika*

**Mr. Abdulla K. Sherikar**  
Assistant Professor

**Dr. Sameer Goyal**  
Principal



Shri Vile Parle Kelavani Mandal's  
**INSTITUTE OF PHARMACY, DHULE**  
Behind Gurudwara, Mumbai-Agra Highway, Dhule (MS)

**Counselling cum Awareness session**

*On the occasion of*

**World Osteoporosis Day**

Topic: "Love your bones"

List of Participants

Sr. No.	Name of Students	Signature
1	Tejas Pawar	
2	Mudassir Shaikh	
3	Sania Shaikh	
4	Hiral Shah	
5	Radhika Sharma	
6	Darshan Waghare	
7	Devanshi Sharma	
8	Gayatri Shukla	
9	Samiksha Shende	
10	Yukta Shimpi	
11	Kadambari Shirode	
12	Nikita Sonawane	

Mr. Abdulla Sherikar  
Coordinator

Dr. Sameer N. Goyal  
Principal  
Principal

Shri Vile Parle Kelavani Mandal's  
Institute of Pharmacy, Dhule.

